

# Warm-ups

An ideal warm-up promotes and cultivates healthy sound production and flexibility in a set of exercises which can be performed each day in 10 to 15 minutes. Strive for maximum resonance and ease of sound production. Slower more gradual slurs are better here than faster/cleaner ones. Keep the dynamic constant through the slurs. Don't plan any of this too loudly.

♩=72 for all of these

**A**